

Becoming Visible - Using Cultural Humility in Asking Sexual Orientation Gender Identity (SOGI) Questions

TARGET AUDIENCE: This 3-hour training is for ALL BHRS and Contract Provider Staff

One of San Mateo County BHRs strategic initiatives is to reduce healthcare disparities in the LGBTQ+ populations. In order to achieve this goal, we will start collecting data on sexual orientation and gender identity of all our patients/clients. This will require extensive staff training in LGBTQ+ health and psychosocial issues faced by LGBTQ+ populations.

After this training, participants will be able to:

- 1) Describe the difference between sexual orientation and gender identity.
- 2) List two examples of why collecting SOGI data is important.
- 3) Demonstrate three examples of using respectful gender neutral communication with clients.

SPEAKERS:

Fern Farley, LMFT

Fern currently provides and coordinates mental health services at the San Mateo Pride Center. Fern's specialties include working with youth and families who are struggling with or have been impacted by depression, anxiety, severe mental health issues as well as those who have witnessed or been impacted by violent crime.

Lisa Putkey, MA

Lisa is the Program Director at the San Mateo County Pride Center. She has previously worked as a Peace Studies teacher, program administrator and community organizer. She is pansexual and has experience creating and facilitating trainings and workshops around gender justice and queer liberation.

Anthony Ross

Anthony is currently the director of Adolescent Counseling Services' Outlet program, serving LGBTQ+ youth. He has over 20 years of experience with educating a diverse portfolio of audiences on LGBTQ+ issues, provided consultation and crisis intervention for professionals who serve youth, as well as provided guidance on policy formation and implementation.

Kilani Louis, MA

Kilani is the Community Outreach Coordinator at the San Mateo County Pride Center. Before the Pride Center, she worked at Children's Discovery Museum of San Jose where she co-founded the museum's first LGBTQ Advisory Board and managed the museum's annual LGBTQ pride event, Proud of My Family. With a Master's degree in Education, focused on Counseling and Student Personnel, Kilani is very excited to bring her passion and experience to San Mateo County.

Gilbert Gammad

Gilbert currently serves as Youth Program Coordinator at the San Mateo County Pride Center. They host support group spaces for LGBTQ youth, educate youth serving providers, as well as consult with local youth service providers and school staff to create LGBTQ affirming spaces.

Catherine "Cat" Haueter, MA Associate Marriage and Family Therapist

Born and raised in San Mateo County, Cat is thrilled to give back to her community as the Pride Center's Lead Mental Health Clinician. In addition to providing individual and couples therapy, Cat's past experience includes leading groups for domestic violence offenders, teaching parenting classes, and working with transitional age youth around trauma and substance use. Her clinical specialties include couple and intimate partner work, consensual nonmonogamy and polyamory, gender identity, and BDSM/kink.

Annette J Pakhchian, MSW

Annette serves as an LGBTQ+ Community Outreach Worker for San Mateo County, promoting equitable access and culturally appropriate services across the health system for LGBTQ+ community members. Annette has 10 years of experience in LGBTQ+ community organizing across California and received her Master's in Social Work from San Francisco State University, focusing on reducing health disparities experienced by LGBTQ+ older adults.

LOCATION:
San Mateo County Pride Center
1021 S. El Camino Real,
San Mateo 94402

Please register for <u>ONE</u> of the following sessions:		
January 23	(Tue)	9am-12pm
January 25	(Thu)	1pm-4pm
February 20	(Tue)	9am-12pm
February 22	(Thu)	1pm-4pm
March 27	(Tue)	9am-12pm
March 29	(Thu)	1pm-4pm

REGISTRATION:

-IF YOU HAVE AN LMS ACCOUNT, YOU MUST REGISTER ON LMS at www.smcgov.org/lms.

-If you do not have an LMS account : search on eventbrite

IMPORTANT CONTINUING EDUCATION INFORMATION:

This course is provided free of charge. Unless otherwise noted, all activities included within the course are eligible for CEU/CEH credit. For those attendees that successfully complete the course, a completion certificate will be provided at the conclusion of the course or within 30 days via mail/email. San Mateo County Behavioral Health and Recovery Services is approved by the California Association of Marriage and Family Therapists to sponsor continuing education for LMFTs, LCSWs, and LPCCs. San Mateo County Behavioral Health and Recovery Services maintains responsibility for this program/course and its content.

San Mateo County Behavioral Health & Recovery Services is approved to provide the following:

-This course meets the qualifications for 2.5 hours of continuing education credits for LMFTs, LCSWs, and LPCCs as required by the California Board of Behavioral Sciences. CAMFT CE Provider # 128414. -Provider approved by the California Board of Registered Nursing, Provider Number CEP1405, for 2.5 contact hours. -Provider approved by CCAPP renewal status pending -Provider approved by CAADE, Provider Number CP15 712 C 0218 for 2.5 CEH's.

DISCLOSURE OF RELEVANT FINANCIAL RELATIONSHIPS: The speaker(s) and planner(s) declare that neither they, nor any member of their immediate families, have had a financial relationship in the past 12 months that is relevant to this training activity.

CULTURAL AND LINGUISTIC COMPETENCY. The planners and speakers of this CME activity have been encouraged to address cultural issues relevant to their topic area. San Mateo County provides interpretive services through the Health Care Interpreter Network (HCIN). The San Mateo County Language Assistance intranet site is at: <http://intranet.co.sanmateo.ca.us/healthsystem/interpretation-translation/>. For more information on Cultural Competence resources San Mateo County Health System offers visit the San Mateo County Office of Diversity and Equity website at: www.smchealth.org/bhrs/ode

If you require accommodation for a disability, have any questions or concerns, or need instructions for addressing grievances, please contact Erica Britton at (650)372-6153 or ebritton@smcgov.org.

