

PROCLAMATION

National Mental Health Awareness Month-May 2014

Whereas, mental health is fundamental to the overall health and well-being of all residents in San Mateo County; and

Whereas, severe mental health conditions such as schizophrenia, bipolar disorder, major depression, obsessive-compulsive disorder, and severe anxiety disorders are more common than cancer, diabetes and heart disease and affects one in four adults 18 and older in the United States;

and

Whereas, the treatment success rates for mental health conditions compare favorably to the rate for

chronic physical conditions such as heart disease, diabetes or cancer; and;

Whereas, mental health conditions continue to remain shrouded in stigma and discrimination from societal misconceptions and prejudice creating barriers to full community integration and inclusion of people with mental health conditions and keeping those affected from seeking

care; and

Whereas, Burlingame takes pride in upholding the dignity and civil rights of all of its residents,

including those with disabilities such as psychiatric disabilities;

Now, therefore I, Michael Brownrigg, Mayor of the City of Burlingame in the State of California, do hereby proclaim May 2014 as National Mental Health Awareness Month to increase public awareness of the importance of mental health, the impact of severe mental health conditions, the reduction of stigma and discrimination, and to promote greater understanding and hope for those who experience these challenges and pay tribute to all who devote their skill and

expertise to the cause of better health for our residents.

In witness whereof, I have hereunto set my hand and caused the seal of the City of Burlingame to be affixed this, the $1^{\rm st}$ of May 2014.

Michael Brownrigg, Mayor