

## Directions to the San Mateo County Psychiatry Residency Training Program

Address:

222 West 39th Avenue  
San Mateo, California 94403

Telephone:

(650) 573-2530 Fax: (650) 573-2527

Email: [essilva@smcgov.org](mailto:essilva@smcgov.org)

Website: [www.smchealth.org/psychres](http://www.smchealth.org/psychres)

- Take the Hillsdale Boulevard exit westbound from Highway 101.
- Proceed westward approximately a half mile to El Camino Real (immediately following the railroad underpass.)
- Turn LEFT onto El Camino Real and drive south for three blocks to 39th Avenue.
- Turn RIGHT onto 39th Avenue and drive past three blocks of houses to the San Mateo Medical Center on your right.
- **Do NOT park in the Emergency Room lot by the entrance.** Continue on 39th Avenue, pass the medical center and follow patient/visitor parking signs. Turn RIGHT on Hacienda and park in the lot on the right.
- Enter the hospital at the West entrance and continue down the corridor until you see an elevator to the left. If you pass the cafeteria, you have gone too far. Take the elevator to the third floor and then turn RIGHT. Follow signs to the Psychiatry Residency Training Program Office.