

BHRS FDA Guidelines For Indications And Dosage Ranges

Category	Generic Name	Route/ Formulation	Dosage/Frequency Range
Antipsychotics			
	Aripiprazole	Oral tablet	2 to 30mg QD
		Injectable- long acting (Abilify Maintena)	300-400mg Q monthly
		Injectable- long acting (Aristada)	441-1064mg Q4-8 weeks
	Asenapine	sublingual tablet	5 to 10mg QD to BID
	Brexipiprazole (Rexulti)	Oral tablet	0.5 to 4mg QD
	Cariprazine (Vraylar)	Oral capsule	1.5 to 6mg QD
	Chlorpromazine	Oral tablet	10 to 400mg QD 0.56mg/kg every 4 to 6 hrs (peds)
	Clozapine		12.5 to 900mg QD to BID
	Fluphenazine	Oral tablet	2.5 to 40mg QD to BID
		Injectable - long acting	1.25 to 10mg QD
	Haloperidol	Oral tablet	0.5 to 100mg QD
	Haloperidol Decanoate	Injectable - long acting	10 to 15 times previous daily oral dose IM monthly or Q 4 weeks to 450 mg/month
	Iloperidone	Oral tablet	1 to 12mg BID
	Loxapine	Oral capsule	10 to 250mg QD to BID
	Lurasidone	Oral tablet	20 mg to 120 mg once daily 40 mg to 160 mg once daily
	Olanzapine	Oral and disintegrating tabs	2.5 to 20mg QD
	Paliperidone	Oral tablet	6 to 12mg QD
		Injectable - long acting (Invega Sustenna)	39 to 234mg Q monthly
		Injectable- long acting (Invega Trinza)	273 to 819mg Q 3mos
	Perphenazine	Oral tablet	4 to 32mg QD to BID
	Quetiapine	Oral tablet	50 to 300 mg/day
	Quetiapine	Oral tablet	50 mg to 300 mg/day
	Quetiapine	Oral tablet	100 mg to 800 mg/day
	Quetiapine	Oral tablet	400 mg to 800 mg a day
	Quetiapine	Oral tablet	25 mg BID to 800 mg/day
	Risperidone	Oral tablet	0.5 to 4mg QD
		injectable- long acting (Risperdal Consta)	25 to 50mg Q 2wks
		injectable- long acting (Perseris)	90 to 120mg Q monthly
	Thiothixene	Oral capsule	2 to 30mg QD to BID
	Thioridazine	Oral tablet	50 to 800mg QD
	Trifluoperazine	Oral tablet	1 mg BID to 6 mg/day
	Trifluoperazine	IM	1 mg IM Q 4-6 hrs prn to 6 mg/day (rarely 10 mg/day has been used)
	Trifluoperazine	Oral tablet	2 mg BID to 40 mg/day
	Ziprasidone	Oral capsule	20 to 160mg QD to BID (80mg)
Antidepressants			
	Amitriptyline	Oral tablet	50 to 100mg QHS
	Bupropion	Oral tablet IR	100 to 150mg BID to TID
		Oral tablet SR	150 to 200mg QD to BID
		Oral tablet XR	150 to 450mg QD
	Citalopram	Oral tablet	10 to 120mg QD
	Desipramine	Oral tablet	100 to 300mg QD
	Desvenlafaxine	Oral tablet	50 to 100mg QD
	Doxepin	Oral tablet	3 to 6mg QD
		Oral Capsule	75 to 150mg QD
	Duloxetine	Oral capsule	20 to 120mg QD to BID (30mg)

Category	Generic Name	Route/ Formulation	Dosage/Frequency Range
	Escitalopram	Oral tablet	5 to 20mg QD
	Fluoxetine	Oral capsule	10 to 80mg QD
		Oral capsule Delayed Release	90mg QD
		Oral tablet	10 to 60mg QD
	Fluvoxamine	Oral capsule Extended Release	50 to 300mg QD to BID(150mg)
		oral tablet	50 to 300mg QD to BID(150mg)
	Imipramine	Oral tablet	75 to 200mg QD
	Mirtazapine	Oral tablet and disintegrating	15 to 45mg QD
	Nefazodone	Oral tablet	100 to 600mg QD to BID
	Nortriptyline	Oral capsule	10 to 150mg QD
	Paroxetine	Oral tablet IR or suspension	20 mg QAM
	Paroxetine	Oral tablet IR or suspension	20 mg QAM to 50 mg/day
	Paroxetine	Oral tablet IR or suspension	20 mg QAM to 60 mg/day
	Paroxetine	Oral tablet IR or suspension	20 mg QAM to 50 mg/day
	Paroxetine	Oral tablet ER	25 mg QAM to 62.5 mg/day
	Paroxetine	Oral tablet ER	12.5 mg QAM to 25 mg/day
	Paroxetine	Oral tablet IR or suspension	10 mg QAM 60 mg/day
	Paroxetine	Oral tablet ER	12.5 mg QAM to 75 mg/day
	Paroxetine	Oral tablet IR or suspension	20 mg QAM
	Paroxetine	Oral tablet ER	12.5 mg QAM to 37.5 mg/day
	Sertraline	Oral tablet	20 to 200mg QD
	Trazodone	Oral tablet	50 to 400mg QD
	Venlafaxine	Oral capsule, Extended Release	37.5 to 225mg QD
	Vilazodone	Oral tablet	10 to 40mg QD
Anxiolytic/Hypnotic			
	Alprazolam	Oral tablet IR or ODT	0.25 mg TID to 4 mg/day in divided doses
	Alprazolam	Oral tablet IR or ODT	1 to 10 mg/day
		Oral tablet ER	0.5 mg to 10 mg/day
	Buspirone	Oral tablet	5 to 60mg QD to BID (30mg)
	Chlordiazepoxide	Oral capsule	50 mg to 300 mg/day
	Chlordiazepoxide	Oral capsule	5 mg TID to 25 mg QID
	Clonazepam	Oral tablet	0.25 mg BID to 4 mg/day
	Diazepam	Oral tablet or solution	10 mg TID first 24 hrs then 5 mg TID to QID PRN
	Diazepam	Oral tablet or solution	2mg BID to 10 mg QID
	Eszopiclone (Lunesta)	Oral tablet	1 to 3mg QD
	Flurazepam	Oral tablet	15 to 30mg QHS
	Lorazepam	Oral tablet	2 to 4 mg at bedtime
	Lorazepam	Oral tablet or solution	1 to 10 mg/day divided into 2 to 3 daily doses
	Lorazepam	Capsule ER	once daily dosage equal to total daily dose of IR tablets
	Lorazepam	Oral tablet	2 mg Q 6 hours for 4 doses, then 1 mg Q 6 hours for 8 doses
	Lorazepam	Injection	
	Ramelteon (Rozerem)	Oral tablet	8mg QHS
	Suvorexant (Belsomra)	Oral tablet	10 to 20mg QHS to BID
	Temazepam (Restoril)	Oral capsule	7.5 to 30mg QHS
	Zaleplon (Sonata)	Oral capsule	5 to 20mg QHS to BID
	Zolpidem	Oral tablet	5 to 10mg QHS
		Oral tablet, Extended Release	6.25 to 12.5 QHS
Mood Stabilizers			
	Carbamazepine		200 to 1600mg QD
	Lamotrigine (Lamictal)	Oral tablet	
	Lamotrigine (Lamictal)	Oral tablet	

Category	Generic Name	Route/ Formulation	Dosage/Frequency Range
	Lamotrigine (Lamictal)	Oral tablet	25 mg/day to 200 mg/day for clts not on enzyme-inducing drugs or VPA 25 mg/day to 100 mg/day for clts on VPA 50 mg/day to 400 mg/day in divided doses in conjunction with enzyme-inducing antiepileptic drug regimen without VPA
	Lithium carbonate	Oral tablet ER	1800 mg/day in 2 to 3 divided doses
	Lithium carbonate	Oral tablet IR or capsule IR	> 30 kg initial: 300 mg TID Usually 600 mg 2 to 3 times daily
	Lithium carbonate	Oral tablet ER	900 to 1200 mg/day in 2 to 3 divided d
	Lithium carbonate	Oral tablet IR or capsule IR	> 30 kg initial: 300 mg TID Usually: 300 to 600 mg BID to TID
	Lithium Citrate	Oral Solution	> 30 kg initial: 8 mEq/5 mL TID Usually: 16 mEq/10 mL BID to TID
	Lithium Citrate	Oral Solution	> 30 kg initial: 8 mEq/5 mL TID Usually: 8 mEq/5 mL to 16 mEq/10 mL 2 to 3 times daily
	Divalproex Sodium (Depakote)	Oral tablet DR	Initial: 750 mg daily in divided doses to 60 mg/kg/day
	Divalproex Sodium (Depakote)	Oral tablet, ER	Initial: 25 mg/kg/day to 60 mg/kg/day
	Oxcarbazepine	Oral tablet	No Psych related indication
		Oral suspension	No Psych related indication
	Valproic Acid (Depakene)	Oral Capsule Oral Solution Oral Syrup	LD: 20 mg/kg single dose on day 1, then 10 to 15 mg/kg/day in divided doses
ADHD Medications			
	Dextroamphetamine/Amphetamine (Adderall)	Oral tablet	2.5 to 40mg QD to BID
		Oral capsule, Extended Release	5 to 30mg QD
	Atomoxetine	Oral capsule	40 to 100mg QD
	Dextroamphetamine		2.5 to 40mg QD
	Guanfacine (Intuniv®)	Oral tablet, Extended Release	1 to 4mg QD
	Lisdexamfetamine Vyvanse	Oral capsule	30 to 70mg QD
	Methylphenidate	Oral tablet	20 to 60mg QD
		Oral capsule, Extended Release	18 to 72mg QD
Antiparkinson			
	Amantadine	Oral tablet ER	129 mg QAM to 322 mg QAM
	Amantadine	Oral tablet IR	100 mg BID to 300 mg/day in divided doses
	Benzotropine	Oral tablet	0.5 to 6mg QD
	Diphenhydramine		10 to 400mg QD 12.5 to 300mg QD (peds)
	Hydroxyzine	Oral capsule	50 to 100mg QD
	Trihexyphenidyl	Oral tablet	1 mg Qday to 15 mg/day divided into 3 doses with meals Divide doses ≥ 10mg/day into 4 doses/day
Medication Assisted Treatments			
	Acamprosate	Oral tablet	666mg TID

Category	Generic Name	Route/ Formulation	Dosage/Frequency Range
	Clonidine hydrochloride	Oral tablet	
	Disulfiram	Oral tablet	125 to 500mg QD
	Gabapentin		300 to 1200mg QD
	Naloxone (Kloxxado)	Intranasal spray	Initial, 1 spray (8 mg) into 1 nostril. May repeat every 2 to 3 minutes
	Naloxone (Narcan)	Intranasal spray	Initial, 1 spray (4 mg) into 1 nostril. May repeat every 2 to 3 minutes
	Naltrexone	oral tab	25 to 50mg QD
		injection- long acting	380mg Qmos
	Nicotine	gum	Up to 24 pieces per day
		lozenges	Up to 20 lozenges per day
		transdermal	7 mg to 21 mg a day
	Topiramate	Oral capsule	
	Varenicline	Oral tablet	0.5 mg Qday to 1 mg BID
updated 2/22/2023			

FDA Dx
Autistic disorder, Bipolar I disorder, MDD, Schizophrenia
Bipolar I disorder, Schizophrenia
Schizophrenia
Bipolar I disorder, Schizophrenia
Schizophrenia, MDD
Bipolar I disorder, Bipolar I-Depressed, Schizophrenia
Bipolar disorder, Problem behavior (peds), Schizophrenia
Schizophrenia
Schizophrenia
Schizophrenia
Hyperactive behavior (peds), Problematic behavior (peds), Schizophrenia
Schizophrenia
Schizophrenia
Schizophrenia
Bipolar disorder
Schizophrenia
Bipolar I disorder, MDD, Schizophrenia
Schizoaffective disorder, Schizophrenia
Schizoaffective disorder, Schizophrenia
Schizoaffective disorder, Schizophrenia
Schizophrenia
Schizophrenia
Major depressive disorder; Adjunct
Bipolar disorder, depressed phase, Acute management, monotherapy
Bipolar I disorder, Acute management
Bipolar I disorder, Maintenance, in combination with lithium or divalproex
Schizophrenia
Autistic disorder, Bipolar I disorder, Schizophrenia
Bipolar I disorder, Schizophrenia
Schizophrenia
Schizophrenia
Schizophrenia
Anxiety, non-psychotic
Schizophrenia
Schizophrenia
Bipolar I disorder, Schizophrenia
Depression
Depression, MDD, Smoking cessation
MDD, Smoking cessation
Depression, MDD
MDD
Depression
MDD
Insomnia
Anxiety, Depression
GAD, MDD

FDA Dx
GAD, MDD
MDD, OCD, Panic disorder
MDD, OCD, Panic disorder
MDD, OCD, Panic disorder
OCD
OCD
Depression
MDD
MDD
Depression
GAD
PTSD
OCD
MDD
MDD
Premenstrual dysphoric disorder
Panic Disorder
Panic Disorder
Social phobia
Social phobia
MDD, OCD, Panic disorder, PTSD, Social phobia
MDD
GAD, MDD, Panic disorder, Social phobia
MDD
GAD
Panic disorder
Panic disorder
Anxiety
Alcohol withdrawal syndrome
Anxiety
Panic disorder
Alcohol withdrawal syndrome
Anxiety
Insomnia
Insomnia
Insomnia, due to anxiety or situational stress
Anxiety
Anxiety
Alcohol withdrawal syndrome
Insomnia
Insomnia
Insomnia
Insomnia
Insomnia
Insomnia
Bipolar I disorder
Bipolar I disorder

FDA Dx
Bipolar I disorder
Bipolar I disorder, Acute treatment of manic episode; monotherapy
Bipolar I disorder, Acute treatment of manic or mixed episodes; monotherapy
Bipolar I disorder, Maintenance monotherapy
Bipolar I disorder, Maintenance monotherapy
Bipolar I disorder, Acute treatment of manic or mixed episodes; monotherapy
Bipolar I disorder, Maintenance monotherapy
Manic bipolar I disorder
Manic bipolar I disorder
Partial seizure, Nueropathy due to diabetes, Trigeminal nueralgia
Manic bipolar I disorder
ADHD
ADHD
ADHD
ADHD (peds ONLY)
ADHD (peds ONLY)
ADHD
ADHD
ADHD
Extrapyramidal disease - Medication-induced movement disorder
Extrapyramidal disease - Medication-induced movement disorder
Parkinsonism
Allergies, Insomnia, Parkinsonism
Alcoholwithdrawal syndrome, Anxiety
Extrapyramidal disease - Medication-induced movement disorder
Alcohol dependence

FDA Dx
No Psych related FDA approved adult indication
Alcoholism
Seizure
Overdose of opiate, known or suspected
Overdose of opiate, known or suspected
Alcohol dependence, Opioid dependence
Alcohol dependence, Opioid dependence
Smoking cessation
Smoking cessation
Smoking cessation assistance
Smoking cessation assistance