

GROW
THROUGH
WHAT
YOU GO
THROUGH



Mental Health Service Act (MHSA) MHSA Steering Committee

Open to the public! Join advocates, providers, clients and families and provide your input and recommendations on MHSA programs.

MHSA Steering Committee meetings are open to the public. Meeting objectives include:

- Hear the latest on the Governor's Proposal to modernize MHSA and our local impact.
- Provide input on future MHSA Workgroup topics.
- Learn all about the innovative Kapwa Kultural Center & Cafe (KKC) a Filipina/x/o youth-focused social enterprise providing behavioral health programming for youth ages 16-24.

-
- ✓ Stipends are available for clients/families
 - ✓ Language interpretation is provided as requested**

** To reserve language services, please contact us at mhsa@smcgov.org at least 2 weeks prior to the meeting.



SAN MATEO COUNTY HEALTH
BEHAVIORAL HEALTH
& RECOVERY SERVICES

DATE & TIME

Thursday, September 7, 2023

3:00 pm – 4:30 pm

Hybrid Meeting:

Location: College of San Mateo, 1700 W. Hillsdale Blvd., College Center (Bldg 10), Rm 468

Parking: Any **visitor** or **student** parking lot is free (do not park in staff lots). Lot G is closest or parking lots F, H, J, and K.

Zoom: <https://us02web.zoom.us/j/89224214146>

Dial in: +1 669 900 6833 / Mtg ID: 892 2421 4146

Contact:

Doris Estremera, MHSA Manager

(650) 573-2889 ♦ mhsa@smcgov.org

www.smchealth.org/MHSA

The Mental Health Services Act (MHSA) provides a dedicated source of funding in California for mental health services by imposing a 1% tax on personal income over \$1 million.



Mental Health Services Act (MHSA) Steering Committee Meeting

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AGENDA

- | | |
|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------|
| <p>1. Welcome & Introductions
 <i>Jean Perry and Leticia Bido, BHC Commissioners & MHSA Steering Committee Co-Chairpersons</i></p> | <p>5 min</p> |
| <p>2. Agenda Review & Logistics – <i>Doris Estremera, MHSA Manager</i></p> <ul style="list-style-type: none"> • Previous meeting minutes available on the MHSA website, www.smchealth.org/MHSA | <p>5 min</p> |
| <p>3. General Public Comment – <i>Commissioner Leticia Bido</i></p> <ul style="list-style-type: none"> • For non-agenda items • Additional public comments can also be submitted via email to mhsa@smcgov.org. | <p>10 min</p> |
| <p>4. Announcements – <i>Commissioner Jean Perry</i></p> <ul style="list-style-type: none"> • Next Workgroup – Marketing Campaign (<i>Doris</i>) • New Workgroup topics survey | <p>5 min</p> |
| <p>5. Governor’s Proposal (SB 326) Local Impact – <i>Jean, Leti, Doris</i></p> <ul style="list-style-type: none"> • Public Input | <p>40 min</p> |
| <p>6. MHSA Program Highlight</p> <ul style="list-style-type: none"> • <i>Kapwa Kultural Center & Cafe</i> – <i>Christi Morales & Stephanie Balon</i> • Public Input | <p>20 min</p> |
| <p>7. Adjourn</p> | |

*** Public Participation:** All members of the public can offer comment at this public meeting; there will be set opportunities in the agenda to provide input. You can also submit questions and comments in the chat. If you would like to speak, please click on the icon labeled “Participants” at the bottom center of the Zoom screen then click on “Raise Hand.” The host(s) will call on you and you will unmute yourself. Please limit your questions and comments to 1-2 minutes. The meeting will be recorded. Questions and public comments can also be submitted via email to mhsa@smcgov.org.

***REMINDER – Please Complete the Steering Committee Feedback Survey**

https://www.surveymonkey.com/r/MHSA_MtgFeedback



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Mental Health Services Act (MHSA) Steering Committee Meeting

September 7, 2023



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BEHAVIORAL HEALTH
& RECOVERY SERVICES

Welcome & Introductions

- Share your name, pronouns and affiliation in the chat
- MHSA Steering Committee Members:

- Jean Perry, BHC (MHSA Co-chair)
- Leticia Bido, BHC (MHSA Co-chair)
- Adriana Furuzawa, Felton Institute
- Chris Rasmussen, BHC
- Eddie Flores, Peninsula Health Care District
- Jairo Wilches, BHRS OCFA
- Jessica Ho/Vivian Liang, North East Medical Services
- Juliana Fuerbringer, California Clubhouse
- Kava Tulua, One East Palo Alto
- Maria Lorente-Foresti, BHRS ODE
- Mary Bier, North County Outreach Collaborative
- Melissa Platte, Mental Health Association
- Michael S. Horgan, Heart & Soul, Inc.
- Michael Lim, BHC
- Mason Henricks, SMC Office of Education
- Paul Nichols, BHC
- ShaRon Heath, Voices of Recovery
- Sheila Brar, BHC

Agenda

1. Logistics
2. General Public Comments
3. Announcements
4. Governor's Proposal
5. MHSA Program Highlight – Kapwa Kultural Center & Cafe



A few logistics...

- Agenda, handouts, slides: www.smchealth.org/MHSA, under “Announcements” tab
 - Past meeting materials/minutes: under “Steering Committee”
- Stipends for clients and family members participating
 - Via chat (private message) - please provide your email





Participation Guidelines

- Question/comment opportunity after each agenda item
 - Enter questions in the chat box as we go
 - “Raise Hand” option
- Share your unique perspective and experience
- Share the airtime
- Practice both/and thinking - consider others’ ideas along with your personal interests
- Be brief and meaningful



General Public Comment



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**BEHAVIORAL HEALTH
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Announcements

**Suicide Prevention Month
& Recovery Happens Month**



<https://www.smchealth.org/spm>

**New MHSA Communications
Workgroup**



<https://www.surveymonkey.com/r/MHSACommsWorkgroup>

Governor's Proposal: MHSA Reform - SB 326

(as of 9/5/23)



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Purpose of this presentation

- Share information about the proposed MHSA reform.
- Share the anticipated local impacts to-date, pending any additional amendments, and initial hearing on the bill.
- We are not taking a stance on the legislation nor encouraging any position on this proposed bill.

Governor's Context for the Proposal*

- 1 in 20 (50% increase in the last decade) living with serious mental illness (SMI)
- 1 in 4 of homeless population are living with SMI and at higher risk for justice involvement
- 1 in 3 recently incarcerated homeless are living with SMI
- Marginalized communities are most impacted by homelessness
- Proposal will allocate \$1 billion statewide for housing and care
- Recent State audits recommended a need to overhaul fiscal and outcome reporting requirements

* Source: <https://www.chhs.ca.gov/behavioral-health-reform/>



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Three Components to the Proposal


1. \$4.7 billion general obligation bond
 - AB 531 (Irwin) – BH Infrastructure Bond Act of 2023
2. MHSA Reform (*focus of today*)
 - SB 326 (Eggman) – MHSA Modernization
3. Statewide accountability and transparency




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MHSA Overview

76%  **Community Services & Supports (CSS)**
Direct treatment and recovery services for serious mental illness or serious emotional disturbance

19%  **Prevention & Early Intervention (PEI)**
Interventions prior to the onset of mental illness and early onset of psychotic disorders

5%  **Innovation (INN)**
New approaches and community-driven best practices

Workforce Education and Training (WET)
 Education, training and workforce development to increase capacity and diversity of the mental health workforce

Capital Facilities and Technology Needs (CFTN)
 Buildings and technology used for the delivery of MHSA services to individuals and their families.

1% tax on personal income over \$1M
San Mateo County: estimated \$41.2M annual 5-year average through FY 22-23
MHSA is highly leveraged and makes up ~16% of the BHRS total budget

MHSA Annual Unspent

	Actual	Estimate	Estimate	Projection
Fiscal Year End	21/22	22/23	23/24	24/25
Revenue	\$56,724,636	\$33,489,616	\$86,773,003	\$57,160,582
Expenditures	\$34,524,506	\$46,801,663	\$89,370,428	\$86,529,689
MHSA Trust Fund Balance	\$82,107,891	\$68,795,845	\$66,198,419	\$56,803,573
Obligated Funds:	\$43,570,361	\$41,934,594	\$39,839,876	\$39,974,767
Target Reserve*	\$28,362,318	\$28,362,318	\$28,362,318	\$28,362,318
5% Innovation	\$2,836,232	\$1,674,481	\$4,338,650	\$2,858,029
Innovation - Ongoing Projects	\$6,200,097	\$7,835,795	\$6,733,908	\$8,349,420
WET/CFTN Encumbered	\$4,539,496	\$3,979,496	\$400,000	\$400,000
CalHFA Housing Interest	\$93,218	\$82,504	\$5,000	\$5,000
Available One-Time**	\$38,537,530	\$26,861,251	\$26,358,543	\$16,828,806

*Target Reserve: 50% of FY 21/22 Revenue

**One-time monies; not for ongoing sustainability

Spending Challenges

- Challenges:
 - Statewide many counties facing workforce shortages and other barriers
 - BHRS capacity: regulatory processes, new programs take over a year to launch, reporting/evaluation, monitoring and continuous improvement
 - Contractor capacity: limited pool of non-profit agencies and existing agency capacity to implement expanded service requirements
- Local strategies:
 - Three-Year Plan priority and increased allocations to workforce recruitment and retention strategies
 - Hiring 19 new permanent positions across BHRS
 - Investments in contractor infrastructure and increasing rates across programs when possible



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Proposal Updates to Funding Categories

1. **30% Housing Interventions**
 - Rental subsidies, operating subsidies, capital investments, shared and family housing, and nonfederal share of transitional rent.
 - Added housing supports (retention and maintenance)
 - At least 15% for chronically homeless with focus on encampments
2. **35% Full Service Partnerships**
 - Requires evidence-based interventions “to fidelity” (ACT/FACT, IPS, MAT, Wraparound)
3. **35%* for Behavioral Health Services and Supports**
 - At least 15% Early Intervention (evidence-based practices list to be established by DHCS); added 51% for youth ages 0-25
 - Requires Workforce Development strategies
 - The remaining to cover General Systems Development, Outreach & Engagement for SMI/SED, Capital Facilities and Technological Needs, Innovation, and a Prudent Reserve

*Eliminated 5% local prevention allocation



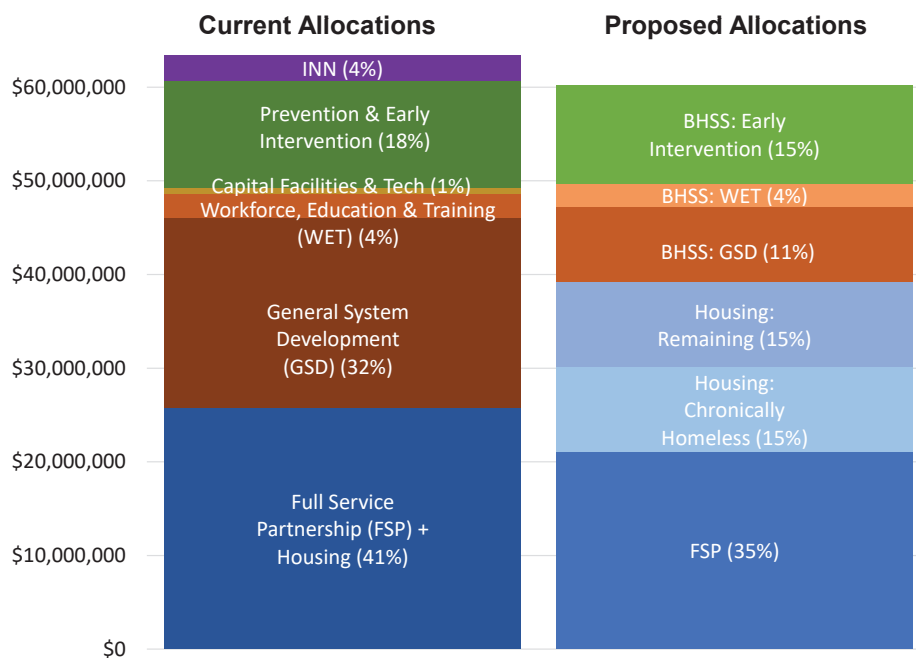
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Other Proposal Updates to MHSA

- Name change to Behavioral Health Services Act (BHSA)
- Broaden target population to fund services for substance use disorders
- Additional **5%** (total 10%) allocation to State for admin, workforce and prevention; \$20M annually for Innovation
- Revenue Stability Workgroup – to recommend reserve and address revenue volatility
- Up to 2% for local administration (currently 10%)
- Broadened planning process to county/regional planning and include managed care plans, private insurance and other sectors
- Increased oversight, outcome reporting and fiscal transparency
- Some limited flexibility to shift funding between categories
- Mental Health Services and Accountability Commission will remain and independent entity



Proposal Impact to Local Allocations



*Reference: [Current FY 2023-24 MHSA-funded programs](#)

Anticipated Local Fiscal Impact

- Loss of funding to mental health outpatient treatment, substance use residential, peer support services, outreach to SMI/SED (\$8.1M or 40% reduction), examples:
 - Outpatient treatment - OASIS, Pathways, Pre-to-Three, Puente Clinic, NMT, EBP clinicians, School-Based Mental Health, Primary Care Interface
 - Peer support services – peer workers, family partners, California Clubhouse, Heart & Soul, Barbara A. Mouton Center
 - Outreach to SMI/SED clients - FAST, HEAL, ARM programs



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Anticipated Local Fiscal Impact (cont'd)

- \$6.0M (100%) reduction to Prevention programs
 - Office of Diversity & Equity, Substance Use Prevention, Outreach Collaboratives + combo programs (Pride Center, Cariño Project, ECCT)
- \$2.1M (100%) reductions to sustainability of new INN and CFTN
 - \$1.5M – ARISE, Recovery Connections, PIONEERS, Kapwa, Music Therapy
 - \$630K – client devices and new IMAT app



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Overall Anticipated Impacts

- Limited local flexibility and control
- No local operational reserves
- Program redesigns, ending programs and limits to new programs
- Loss in Federal Financial Participation (FFP) drawn down for Medi-Cal eligible services
- Increased disparities for marginalized groups in treatment and early intervention due to selective evidence-based programming
- Limited funds and timelines for new housing developments



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What is BHRS doing?

- Sharing information and encouraging folks to stay informed.
- Working closely with California Behavioral Health Directors Association (CBHDA) and other counties to analyze, understand impacts and make recommendations.
 - Analyzing the local unique impacts, what will this mean for programs
 - Listening to community questions and concerns



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Stay Informed!

- California Health and Human Services
 - [Web Page](#)
 - [Fact Sheet](#)
 - [Policy Brief](#)
 - Email for questions: BHReform@dhcs.ca.gov

You can also subscribe to San Mateo County's MHSAs website to stay connected:

www.smchealth.org/MHSA



Questions?



MHSA Program Highlight: Kapwa Kultural Center & Cafe



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Questions?



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Kapwa Kultural Center/Cafe (KKC)

MHSA INNOVATION (INN) PROJECT UPDATES



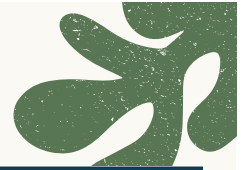
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Key Programming Highlights: 2021-2023

- **Creation of infrastructure with stakeholders and youth at the table, as well as hiring/onboarding KKC staff (Senior Director, Associate Director, O/E Coordinator)**
- **KAYA (Kapwa Youth Advisory) recruitment and strategic plan created around advisory activities**
- **Development of implementation team with fidelity in mind which included robust stakeholder buy-in process, as well as drawing on strong supports from county/local Daly City officials and partner CBOs like Daly City Youth Health Center**
- **Operationalization of project work plan and RDA evaluation**
- **Key partners engaged including SM County Office of Education and YEEE! for Summer 2023 internship placement @ DCP**
- **Community Branch Development (CBD) taskforce members recruited, programming pilot developed & implemented (BRIDGE Advisory, KAYA, local entrepreneurs, & field experts)**
- **Piloted CBD Summer 2023 programming with DRAFT cohort (KAYA, general youth, YEEE! Interns) & other community offerings (MH1st Aid, Decolonizing Parenting)**

Key Programming Highlights



SAVE THE DATE!

KKC Summer Offerings

- Financial Wellness Workshop June 14 (open to all) 2:00pm - 5:00pm
- Entrepreneurship Workshop June 23 (open to all) 4:00pm - 6:00pm
- Leadership Workshop June 26 (youth 16-24) 3:30pm - 5:00pm
- Cinhawa Wellness Workshop June 30 (youth 16-24) 4:00pm - 6:00pm
- Rites of Passage Workshop July 06 (open to all) 4:00pm - 5:30pm

LANGUAGE OF POWER

POWER OF LANGUAGE

WITH MR. GOOBS COACH/FACILITATOR

JUN / 26 2023

Register for more

Kapwa Kultural Center presents

Luzviminda

a storytelling workshop

JULY 6, 2023 4PM-5:30PM

DALY CITY COMMUNITY SERVICE CENTER 350 90TH ST, DALY CITY (GROUND FLOOR)

LEARN ABOUT OCCASIONS AND CREATURES OF PAST-COLORIAL PHILIPPINES

EXPLORE THE WAYS IN WHICH THEIR POWERS STILL PERSIST THROUGHOUT THE FILIPINO DIASPORA

Register at <http://bit.ly/Luzviminda> or scan QR code

FACILITATOR: VALERIE FERNANDEZ-ALEJANDRO

TIPS FOR BECOMING A SUCCESSFUL ENTREPRENEUR

JULY 14, 2023 4-6 PM

FILIPINO BAYANHAN RESOURCE CENTER 200 NORTHGATE AVE, RM 5, DALY CITY

Lakbay ng Puso

Free to Be Me

Location: Daly City Youth Health Center, 350 90th St, Daly City 3rd Floor, CA 94015

Register at: bit.ly/LakbayngPuso

Date & Time: June 30, 2023 4:30-6:30 pm

Gintong Yaman: Decolonizing Money

With Money Coach Marnelle Marasigan, MBA

This workshop is for folk ages 16-24. Designed for Filipina/x/o, and open for all. It will teach you to:

- Connect to your money superpowers
- Decolonize your mind around money and resources
- Honor our ancestors and their resilience
- Celebrate your creativity and bring abundance in your life

Wednesday, July 12, 2023 | 4:30-6:30 pm

Pilipino Bayanhana Resource Center 200 Northgate Ave, Room #5 Daly City

Dinner will be served after

REGISTER NOW

<http://bit.ly/GintongYaman>

DECOLONIZING PARENTING

2nd Wednesdays

6-7:30pm

Our Second Home 725 Price St, Daly City

FREE SUMMER WORKSHOPS

June 14
July 12
August 9

Register Here: https://bit.ly/2013_12/Workshopdecolonizingparenting or scan QR code below

Summer 2023 Workshop Survey Highlights

Report for Kapwa Kultural Center - Youth Experience Survey

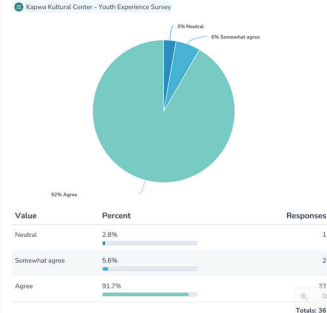
Response Counts

Kapwa Kultural Center - Youth Experience Survey

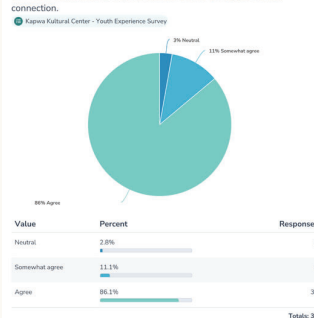


Totals: 40

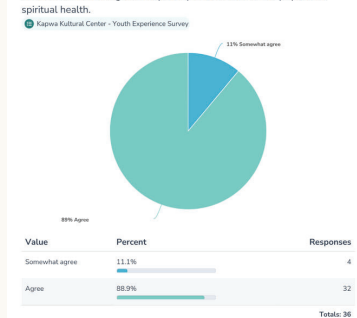
4. I was comfortable in the space the workshop was held in.



5. I would come back to Kapwa Kultural Center for support and/or connection.



7. I learned something that helped my emotional, mental, physical, or spiritual health.



Cafe Development Highlights: 2021-2023



- Found home after rigorous search and obtained lease and other required permits for operations
- KKC staff trained in boba business operations/essentials, as well as equipment/supplies ordered
- Development of logo and marketing assets with stakeholder input, as well as establishing social media presence
- Identified architect and design Team and engaged in 7-month process: conceptualization and design creation/review/edits with stakeholder input
- Prototype furnishings, electrical and plumbing plan finalized and approved
- Engaged tax advisor, business owners, Stanford ACT and Harvard CSP and other consultants: graphic designers, business development, marketing, youth programming, legal, commercial real estate broker, health & wellness, educators, and leadership development.

Cafe Development Highlights



TRADITIONAL BAHAY KUBO

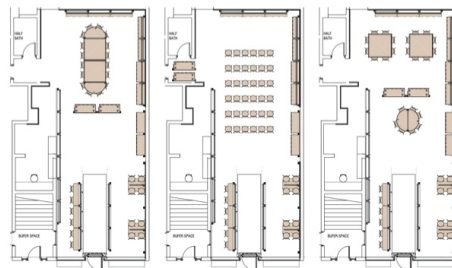


MODERN BAHAY KUBO



SARI SARI STORE

02/03/2023
USE CASES



Challenges & Unforeseen Events



- 6 month delay to start (from July 2021 to December 2021)
- Pandemic health & safety issues (developing plans to ensure engagement of community was safe for all)
- As a result of pandemic/economic slowdown, international shipping/cargo delay in kitchen equipment and supplies purchase from Taiwan
- Fiscal challenges (delayed reimbursement due to invoicing model; shift in County staffing)
- County health inspection requirements (plans for kitchen)
- Additional delays to kitchen/front house design plans due to structural integrity/safety issues (plumbing & electrical)
- Comprehensive design review; stakeholder buy in process
- Pest control situation
- Unprecedented storming season from December-February 2023: climate change; loss of electrical power; flooding resulting in electrical damage due to roof leakage (due diligence: consult with legal; negotiate with property manager)

Ongoing Activities & Next Phase: 2023–2024



- Kitchen installation, renovation, and testing
- Hiring & onboarding of cafe operations staff (Cafe Director and Coordinator)
- Product and Menu Development
- Finalizing menu and planning for focus group
- Identify collaborations/vendors (ie. pop-ups, physical fitness locations, local artisans, bakeries etc.)
- Social Media and launch strategy developed with marketing & operations consultants (Stanford, Harvard, Karim Salgado, Chel Gilla, Paloma@ PapaLoDown Agency)
- Finalizing Sustainability Plan
- KKC Community Installation Event
- Soft Opening (March/April 2024)

Ongoing Activities & Next Phase



Sustainability Planning Progress 2022-2023

GOAL: Diversifying Funding Streams/Strategies (*fundraising, grants, foundations, cafe revenue generating activities, PEI, etc.*)

- Give in May 2022/2023: **\$23,000**
- Giving Tuesday 2022: **(one day fundraiser X Network Exercise Solutions, Daly City) \$1500**
- Measure K 2022: **\$100,000**
- Citizen Diplomacy Action Fund (US Dept. of State) 2022: **\$9000**
- Kaiser Foundation 2023: **\$3152**
- Private Donations (includes recurring donors): **\$2600**

TOTAL: \$139,252

(3x the amount of revenue goal as of 2023)



Sustainability Planning Progress

SAVE THE DATE
10/28-10/29

Pamana

Sharing Community Wealth
A 2-day showcase and seminar to jumpstart Filipino/a/x youth entrepreneurship and community wealth. Join us in building a network of local business owners, artistic entrepreneurs, and community leaders.



KAPWA
KAPWA KULTURAL CENTER


Pamana - Day 1
Showcase + Panel + Dinner

A community dinner, showcase, and panel featuring artistic entrepreneurs (performers, visual artists, writers).

(Fri, 10/28) 6 PM - 9 PM

725 Price St, Daly City

PamanaWealth.com




Pamana - Day 2
Entrepreneurship Starter Guide

A half-day seminar focused on small business owners and practical next steps to launch entrepreneurial projects.

(Sat, 10/29) 11 AM - 4 PM

11B San Pedro Rd, Daly City

[Register Here!](#)




3RD ANNUAL

SWEAT TURKEY NAP.

THANKSGIVING DAY WORKOUT
11/24 - 8AM

[LIVE STREAM](#) [@NETWORKERESOLUTIONS](#)




BENEFITING:
KAPWA
KAPWA KULTURAL CENTER

THE SCHEDULE:

- 8:00AM Intro
- 8:05AM Warm-up / Mobility
- 8:15AM Strength
- 8:30AM Cardio / HIIT / Hip Hop
- 8:45AM MEET
- 9:00AM Cool Down Stretch

MUSIC PROVIDED BY DJ DREX PITA

KKC #Giving Tuesday



Thank you for tuning in!

Questions?

You can also reach us at:

Stephanie@dcpartnership.org

Christi@dcpartnership.org

Alaina@dcpartnership.org



@kapwakulturalcenter



Get Involved!

- **Subscribe to receive opportunities to get involved in MHSA planning:**
www.smchealth.org/MHSA
- **BHRS-wide opportunities:**
<https://www.smchealth.org/get-involved>



Thank you!

Jean Perry, BHC Commissioner
Leticia Bido, BHC Commissioner
Doris Estremera, MHSA Manager

Email: mhsa@smchealth.org

Website: www.smchealth.org/MHSA

https://www.surveymonkey.com/r/MHSA_MtgFeedback



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